

DAY IN THE LIFE OF A NAKANAWA COUNSELOR

This is a Senior Camp example schedule. Please note that things are subject to change.

Time	What is Happening	What is expected of counselors at this time?
7:00 AM	Wake Up	<ul style="list-style-type: none"> ● Time to get up and get ready for the day!! Not only do you need to get yourself up, but you also need to make sure your campers are awake and beginning to start their day. ● Get Aides to Dining Hall
7:25 AM	Flag Raising & Breakfast	<ul style="list-style-type: none"> ● Meet for Flag Raising ● Sit with assigned Table and eat Family Style meal ● Engage and help prepare Campers for the Day
8:00 AM	Cabin Cleanup	<ul style="list-style-type: none"> ● Supervise your cabin in preparing the cabin for inspection. ● Make sure all bunkies participate
8:35 AM - 9:15 AM	1st Period	<ul style="list-style-type: none"> ● Lead and teach activity ● Each Counselor will have 1 period off a day- determined by activity head
9:20 AM - 10:00 AM	2nd Period	<ul style="list-style-type: none"> ● Lead and teach activity
10:05 AM - 10:40 AM	3rd Period	<ul style="list-style-type: none"> ● Lead and teach activity
10:45 AM - 11:10 AM	Apple Break	<ul style="list-style-type: none"> ● Break for snack, CB, Egypt, Activity Meeting
11:15 AM - 11:55 AM	4th Period	<ul style="list-style-type: none"> ● Lead and teach activity
12:00 PM - 12:40 PM	5th Period	<ul style="list-style-type: none"> ● Lead and teach activity
1:00 PM	Lunch	<ul style="list-style-type: none"> ● Sit with assigned Table and eat Family Style meal ● Engage and process with Campers how their day has been
2:00 PM	Rest Hour	<ul style="list-style-type: none"> ● Rest and recharge ● Encourage cabin to be quiet and set example
3:00 PM - 4:00 PM	Free Swim	<ul style="list-style-type: none"> ● Potentially supervise activity or help campers in activity ● Help in Commissary
4:05 PM - 4:45 PM	6th Period	<ul style="list-style-type: none"> ● Lead and teach activity
4:50 PM - 5:30 PM	7th Period	<ul style="list-style-type: none"> ● Lead and teach activity
5:30 PM - 6:20 PM	Showers	<ul style="list-style-type: none"> ● Shower and encourage campers to shower ● May have to prepare for EE or have time to go to CB
6:25 PM	Flag Lowering & Dinner	<ul style="list-style-type: none"> ● Meet at Flag and take the Flag down for the day ● Sit with assigned Table and eat Family Style meal

		<ul style="list-style-type: none"> ● Engage and help Campers process the day
7:30 PM	Evening Entertainment (EE) or Rock Meetings	<ul style="list-style-type: none"> ● EE is variable- could be skits, cabin night, Prom, Council Ring, games etc.
9:00 PM	Devotions, Lights Out, Taps	<ul style="list-style-type: none"> ● Help bunkies settle down and get ready for bed. May read a book, talk about goals or something positive, go look at stars, or help process their day, etc.
9:45 PM	Counselor Meeting in CB	<ul style="list-style-type: none"> ● Counselor meeting to discuss issues counselors are having, any notable challenges with campers, plans for activities, and for Counselor Team Building. ● Treats may be involved, Arts and Crafts, or other activities to help prepare and plan for campers' day