



## RECOMMENDED PACKING LIST

*Most items are not session specific unless noted. Two week session is denoted as (2W) and Four Week = (4W)*

### CLOTHING

- ☐ 6(2W) or 8(4W) navy or royal blue shorts or skorts (no denim, please)
- ☐ 2(2W) or 5(4W) white shorts or skorts
- ☐ 10 (2W) or 14(4W) white shirts with collar
- ☐ 2 pants (jeans, leggings or sweatpants)
- ☐ 1 or 2 sweatshirt or sweater
- ☐ 2 free day outfits (any style shirt/shorts/skort)
- ☐ 10(2W) or 12(4W) pair socks
- ☐ 10 (2W) or 12(4W) underwear
- ☐ 2 Pajamas
- ☐ 1 robe (for shower)
- ☐ 2 bathing suits (any style) (optional team suit may be ordered from camp, if nec.)
- ☐ 1 white swim cap
- ☐ team tie (new campers will receive this the first night)
- ☐ waterproof raincoat
- ☐ windbreaker or light jacket

### FOOTWEAR

- ☐ 2 pairs athletic shoes (1 for appropriate for tennis courts)
- ☐ flip flops (for shower/waterfront)
- ☐ rainboots
- ☐ riding boots (leather flat soled with heel)

### CABIN

- ☐ 2 twin sets of sheets
- ☐ 2 heavy blankets or comforter
- ☐ 1 twin sized mattress pad
- ☐ 2 pillowcases
- ☐ 1 pillow
- ☐ 2 laundry bags
- ☐ 6 bath towels
- ☐ 2 beach towels
- ☐ 3 wash cloths
- ☐ 1 sleeping bag

### MISC. GEAR

- ☐ Tennis Racket
- ☐ 1 flashlight
- ☐ 1 toothbrush & holder
- ☐ soap & holder
- ☐ deodorant
- ☐ shampoo/conditioner
- ☐ sunscreen & lipbalm
- ☐ insect repellent
- ☐ hairbrush & hair accessories (ponytail holders)
- ☐ plastic bucket or shower caddy to carry toiletries to/from shower
- ☐ USCG approved boat cushion for canoeing
- ☐ reusable water bottle
- ☐ ASTM Riding Helmet
- ☐ backpack or daypack
- ☐ Rest Hour activities (letter writing supplies, markers, construction paper, noise free activity kits, book, etc.)
- ☐ Hat for sun (ie. Baseball cap or visor)
- ☐ Glasses and/or contacts, if needed

### THINGS TO LEAVE AT HOME

- Electronics: cell phones, smart watches, e-readers, laptops, tablets and all wifi enabled devices.
- Anything valuable, fragile, or irreplaceable (including jewelry)
- Food, candy or gum

### OPTIONAL ITEMS

*(these are commonly preferred by campers but not required)*

- ☐ water shoes or old tennis shoes – (can be sports sandals ie. chacos, tevas, keens)
- ☐ closed toe shoes such as sperrys, hiking shoes
- ☐ “Crazy Creek” camping chair

- ☐ battery operated fan with extra batteries
- ☐ stationary & stamps
- ☐ costumes & hats
- ☐ digital, instant or disposable camera
- ☐ batteries
- ☐ MP3 player & speaker
- ☐ solar portable charger & charge cord
- ☐ MP3 player & speaker
- ☐ stuffed animal
- ☐ musical instrument
- ☐ swim goggles
- ☐ summer reading
- ☐ twin-sized egg crate bed cushion
- ☐ Flying home? Carryon bag or backpack
- ☐ 4W – July 4<sup>th</sup> things
- ☐ 4W Int/Sr- Red/White or Blue/Brown for meets
- ☐ 4W Int/Sr- Soccer shin guards & cleats
- ☐ 4W Int/Sr- Soccer mouthpiece

## HELPFUL TIPS

- Laundry goes out once a week. Please limit unnecessary items, as too much stuff makes it hard for your child to stay organized and creates clutter in the cabin. If you follow our packing list, your camper will have everything needed.
- Make sure to include your camper when packing! It is important for her to know what she has and where to find it.
- An extra pair of glasses and/or contacts is helpful if you camper wears them.
- Label everything!
  - All clothing, shoes, equipment, water bottles and other belongings should be clearly labeled with your camper's first and last name. Please avoid using only initials as many campers have the same. Labeling everything thing helps on laundry day and to return lost & found items to their rightful owner. There are clothing labels available on line and from "Everything Summer Camp". However, a laundry marker or Sharpie works great!

## 4W TRIP DAY

- ☐ Jr 6<sup>th</sup> Grade (Canoe Trip) – water shoes, Daypack or tote bag
- ☐ 1<sup>st</sup> Yr Int (Hiwassee Float Trip) – Daypack or totebag, water shoes, dry bag (optional)
- ☐ 2<sup>nd</sup> Yr Int (Hike & Challenge Course) – Daypack or backpack
- ☐ 1<sup>st</sup> Yr Sr (Ocoee Rafting) - daypack or totebag, water shoes, dry bag (optional)
- ☐ 2<sup>nd</sup> Yr Sr (Cave Trip) –old shoes, old socks, Long sleeve tshirt, overalls(optional), backpack or bag, sleeping bag
- ☐ TR (Canoe Trip) – Backpack or bag with closure, sleeping bag, hammock (optional), long sleeve shirt for sun protection, extra sunscreen, hat

## TRUNK ORGANIZATION

- Campers will keep all their clothes in their trunk, so it is vital that their belongings are organized from the start. Mesh bags, stuff sacks or big ziplock bags help keep items organized. We recommend putting like with like, i.e. all socks in one bag, all underwear in another, etc.
- Counselors will help the younger campers stay organized throughout the season.

**\*\*NOTE: DON'T PACK MEDICATIONS, AS IT MUST BE GIVEN TO INFIRMARY ON ARRIVAL. \*\***